HAPPY WOMEN'S DAY

8 MARCH

IN ENGLISH WITH DEBBIE



INTERNATIONAL WOMEN'S DAY

International Women's Day is on March 8th. It started in the early 1900s in Europe and America. In 1975, The United Nations made it an official holiday. Today it is a big day for women in many countries.

Why do we have International Women's Day?

We have this special day to celebrate women's achievements and to talk about the problems that women still face today. We also use this day to remind people about equal rights for men and women.

What do we do on this day?

Some people give flowers or presents to their mothers, wives, sisters, and daughters. Some people go to parties, concerts, or other special events. In some places, there are parades or marches. Many people also wear purple ribbons or purple clothes to show their support for women's rights.

What are some problems that women still face?

In many parts of the world, women can't go to school or get a good education. They can't vote or run for political office. They can't drive cars or travel alone. They can't work outside the home or make their own money. They can't choose who they marry or when they have children. These are just a few examples – there are many more.

What can we do to help?

There are many ways to help women and girls. We can learn more about the problems that women face. We can talk to our family, friends, and coworkers about these issues. We can donate money or time to organizations that help women and girls. We can also support laws and policies that give women equal rights.

What will you do to help women and girls?

DISCUSSION QUESTIONS

Discuss these questions with your students.

1. Do you think it's important to celebrate women's achievements?

2. How do you show appreciation for the women in your life on International Women's Day?

3. What are some ways to support gender equality in society?

4. Have you ever participated in events or activities for International Women's Day?

5. Why do you think it's important to recognize the contributions of women around the world?

6. Do you have any female role models who inspire you?

7. How can we empower young girls to reach their full potential?

8. What changes would you like to see in terms of gender equality in the future?

9. How does your culture or community celebrate International Women's Day?

10. In what ways can men be allies in the fight for gender equality?

INTERESTING QUOTES

Which is your favourite, and why?

1. "Women are the real architects of society." - Harriet Beecher Stowe

2. "A woman is like a tea bag - you can't tell how strong she is until you put her in hot water." - Eleanor Roosevelt

3. "The fastest way to change society is to mobilize the women of the world."Charles Malik

4. "There is no limit to what we, as women, can accomplish." - Michelle Obama

5. "Women are the largest untapped reservoir of talent in the world." - Hillary Clinton

FOUR OPINIONS

Read the four opinions and add another one of your own.

Sarah: "I think International Women's Day is important because it celebrates women's achievements. My mom is a strong woman who raised me and my siblings all by herself, she is my inspiration."

John: "I'm not sure about International Women's Day, I think every day should be for everyone. My best friend Anna thinks the same way too."

Luis: "I support International Women's Day, it's a great way to show appreciation for all the women in our lives. My sister works hard as a nurse, and she deserves recognition."

Emily: "International Women's Day makes me emotional because it reminds me of the struggles women have faced. My grandmother fought for women's rights, and her stories always make me cry."

VOCABULARY

Do you know the meaning of all these words? Play this game to find out if you are correct.

equality empowerment celebration rights gender to empower women to advocate for change feminist movement equal pay gender equality girl power



MORE ACTIVITIES



International Women's Day school resources

International Women's Day sees the launch of exciting female-focused books that are great for schools, universities, library displays and general reading

International Women's Dav